

Suture Artefacts

Explored through polarising microscope

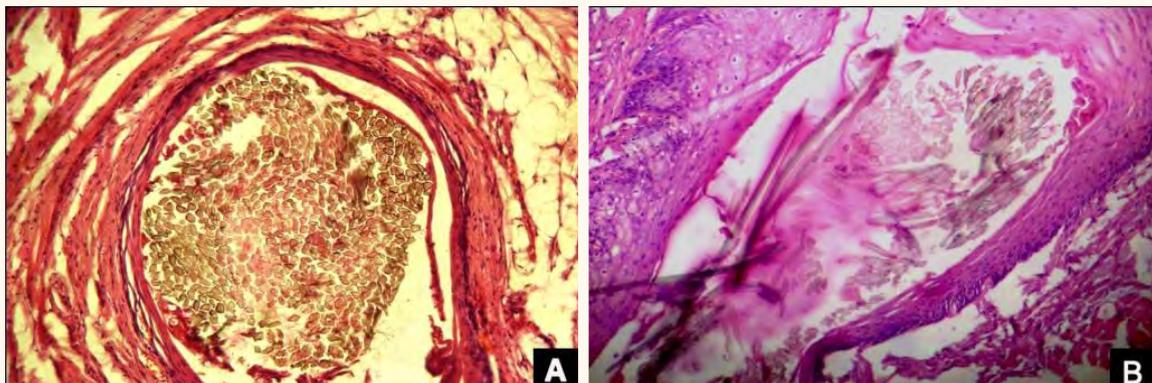
خداع خيط الجراحة
استكشافه من خلال مجهر مستقطب

Sir,

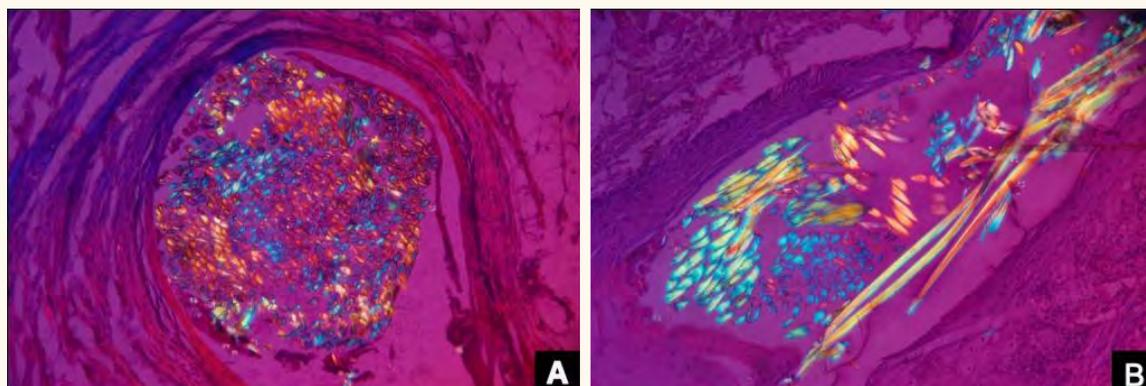
Recently, during a routine histopathological examination, an excisional biopsy of a squamous cell carcinoma, on the lateral border of the tongue of a 70-year-old male patient, was evaluated and revealed a remarkable feature. In a haematoxylin and eosin (H&E) stained slide, numerous well defined polygonal isomorphous tiny structures, the majority of them stained with eosin and a few unstained, filled a lumen-like structure formed by the folding of the thin stratified squamous epithelium [Figure 1a]. My fellow postgraduates suspected them to be some sort of desquamated epithelial cells, ghost cells, cross-sections of muscle fibres, keratin flakes, red blood corpuscles or inclusion dust, glass or metal particles. Moreover, in another field, a few elongated well defined semi-transparent structures, resembling candidal hyphae were seen interspersed with the numerous above mentioned structures [Figure 1b]. Since candidal hyphae hardly persist in formalin fixed tissue and can easily be differentiated by its pseudomycelium forms, we excluded this possibility.

An artefact (Latin 'ars'- art + 'factum'- made) in histology means any non-natural feature or structure accidentally introduced into something being observed or studied.¹ Suture material is an occasional inclusion in histological specimens. It may consist of isolated fragments or complete fibre-bundles cut in transverse, oblique or longitudinal planes. Detail of the fibre structure can sometimes be seen upon careful examination of H&E stained sections. Silk sutures exhibit strong birefringence under polarised light and can be useful in their identification.^{2,3} Our suspicion in this case was confirmed when we observed the same sections under a polarising microscope. The sections of mysterious foreign material exhibited a strong birefringence under a polarised light [Figure 2]. Hence we concluded that the foreign material was polyfilament silk suture material (cross-sections and longitudinal sections).

Other artefacts with structures almost similar to suture filament include cellulose fibre and hair. Cellulose fibres arising from cotton gauze can be encountered as a contaminant during specimen collection and processing. It is recognised by the characteristic appearance of plant cells with their strongly staining cell walls and square shape. Very rarely a hair can also contaminate the tissue during processing; it can be



Figures 1A and 1B: Cross-sections (A) and longitudinal sections (B) of the polyfilament silk suture material when viewed under a bright field microscope (haematoxylin and eosin stain, x 20)



Figures 2A and 2B: Cross-sections (A) and longitudinal sections (B) of the polyfilament silk suture material when viewed under a polarising microscope (haematoxylin and eosin stain, x 20)

clearly differentiated by its characteristic tubular structure and black/brown colour. Moreover, in contrast to polyfilament sutures, and in the case of, too many cross-sections, hair will not be seen in a single section.^{2,3}

The purpose of this letter is to call the attention to this artefact, which may be found during a histopathology routine, and needs to be kept in mind for an accurate diagnosis.

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References

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