1	SUBMITTED 9 FEB 21
2	REVISIONS REQ. 26 APR, 3 JUN & 3 AUG 21; REVISIONS RECD. 18 MAY, 7 JUL & 27
3	AUG 21
4	ACCEPTED 21 SEP 21
5	ONLINE-FIRST: SEPTEMBER 2021
6	DOI: https://doi.org/10.18295/squmj.9.2021.140
7	
8	Knowledge and Attitude Regarding Cervical Cancer and Human Papilloma
9	Virus in Oman
10	*Marwa Al Raisi, ¹ Tagharid Al Yahyai, ¹ Rahma Al Kindi ²
11	
12	¹ Family Medicine Residency Program, Oman Medical Specialty Board, Muscat, Oman;
13	² Department of Family Medicine & Public Health, Sultan Qaboos University Hospital, Muscat,
14	Oman V
15	*Corresponding Author's e-mail: <u>marwa.alraisi@gmail.com</u>
16	
17	Objective: This study aimed to assess the knowledge and attitude regarding cervical cancer and
18	Human papilloma virus (HPV) among Omani women aged 18 years and older. Methods: This
19	cross-sectional survey was conducted between September 2019 and February 2020 in primary
20	health care facilities throughout Oman. A self-administered questionnaire was distributed to
21	assess the knowledge and attitude regarding cervical cancer and HPV. <i>Results</i> : A total of 805
22	women participated in the study (response rate: 89%). Two thirds of the participants had heard
23	about cervical cancer (67%) while fewer were aware of HPV (15.8%). Around one third of the
24	women identified HPV as a risk factor for developing cervical cancer (38.9%). Very few
25	participants had knowledge of HPV vaccines (10.1%). Major source of information regarding
26	both cervical cancer and HPV was social media (33.0%), as compared to 16.9% who got the
27	information from healthcare providers. Despite the poor knowledge, almost half of the
28	participants were open to vaccinating schoolgirls (41.2%) and even their daughters (47.0%)
29	Conclusion: Most of the participants had poor knowledge regarding cervical cancer and HPV;
30	even those with a personal or family history of cervical cancer. Main source of knowledge was
31	social media. Majority were open to the idea of offering the HPV vaccine to middle school-aged

32	girls and even their daughters. Proper incorporation into school curricula and improving access
33	to trusted medical knowledge to the public in the social media may help in enriching the public's
34	knowledge, and possibly, correct misinformation and myths regarding cervical cancer and HPV.
35	Keywords: Papillomavirus Vaccines; Cervical Cancer, Surveys and Questionnaires; Risk
36	Factors; Community-Institutional Relations; knowledge; attitude; practice; Oman
37	
38	Advances in Knowledge
39	• To the best of the authors' knowledge, this is the first study to be conducted in all the
40	governorates of Oman to assess the knowledge and attitude regarding cervical cancer and
41	human papilloma virus (HPV) among Omani women.
42	• This study showed that most participants had poor knowledge regarding cervical cancer
43	and HPV. Despite that, the majority showed acceptance of the HPV vaccine. Therefore,
44	health care providers and decision makers should be vigilant and prepare a nationwide
45	awareness program to enrich the public's knowledge regarding cervical cancer, HPV and
46	its implications.
47	
48	Application to Patient Care
49	• The findings of this study provide useful information which could form the basis for
50	educational campaigns and initiatives focusing on cervical cancer and the importance of
51	HPV vaccination. This would result in increased utilization of the screening program,
52	better health outcomes, and significantly reduce the incidence of cervical cancer.
53	• This survey demonstrates public acceptance of the vaccine. This urges policy makers to
54	seriously plan to integrate the vaccine to the national immunization schedule.
55	
56	Introduction
57	Human papilloma virus (HPV) has been identified as a precursor to cervical cancer. There are
58	many HPV carcinogenic genotypes but types 16 and 18 are the most commonly identified in
59	cervical cancer. ^{1,2} In a recent study from Oman, the prevalence of HPV was 17.8% and there
60	were 22 different types identified, some of which were found to be high risk and carcinogenic.
61	The highest prevalence was for the low-risk type 52 (12.3%) followed by the high-risk type 82
62	$(10.2\%).^3$

63

According to the Global Cancer Observatory (GLOBOCAN) estimates of 2020, the incidence of 64 65 cervical cancer worldwide was 604,127 (3.1%), ranking it as the seventh most common cancer overall, and fourth in females.⁴ The corresponding mortality worldwide mounts up to 341,831 66 67 (7.7%), ranking fourth in cancer-related mortality in females of all ages.⁴ In Oman, cervical cancer is also the fourth most common cancer in women of all ages and is the third most 68 common in women aged 15 to 44 years.^{5,6} About 77 new cervical cancer cases are diagnosed 69 70 annually in Oman with a total of 41 deaths as per 2019 HPV information centre estimates.⁶ 71 The HPV vaccine was introduced with different combinations of HPV genotypes. In many 72 countries, the vaccine was approved as a preventative measure against cervical cancer. For the 73 vaccine to provide adequate immunity, it should be administered years before exposure to the 74 virus. This necessitates its use early before the individual becomes sexually active, preferably in the prepubertal age.⁷ Many developed countries have integrated the HPV vaccine into their 75 national immunization programs.⁸ Among the Arab countries, the area that extends from the 76 77 Middle East to the North African region (also referred to by the acronym MENA) only one country, the United Arab Emirates, offers the HPV vaccine as a part of their immunisation 78 schedule.⁹ In Oman, the HPV vaccine is not yet included in the Expanded National 79 Immunization Program and is not systematically provided by the institutes of the Ministry of 80 Health.¹⁰ 81

82

The incidence of cervical cancer has dropped significantly after the introduction of cervical cancer screening. In the UK, the incidence rates have declined by 24% and in the USA, cervical cancer moved from being in the top ten to the fourteenth place since screening was introduced.¹¹⁻
¹⁴ A study conducted in Sweden on more than one million females who were followed for more than 10 years showed a substantial reduction in the incidence of cervical cancer, especially among those vaccinated before the age of 17.¹⁵

89

Based on a study conducted in 2019, the estimated worldwide incidence of cervical cancer is
predicted to be 44.4 million by the year 2069.¹⁶ Unfortunately, two thirds of the new cases are
thought to be from low to middle income countries. As per the same study, even if those

countries implement HPV vaccine coverage to middle school-aged girls, lowering the new cases
of cervical cancer will only take effect after three to four decades.¹⁶

95

In Oman, a previous study in a tertiary hospital reported that women had insufficient knowledge 96 97 regarding cervical cancer, its risk factors, and methods of screening.¹⁷ Therefore, this study aimed to assess knowledge about cervical cancer as well as knowledge and attitude regarding 98 99 HPV and its vaccine among Omani women throughout the sultanate, and to establish a 100 correlation between their knowledge/attitude and sociodemographic factors. Assessing the 101 knowledge and the attitude regarding HPV infection and its consequences would help in assessing the acceptability of introducing a well-structured cervical cancer screening program. 102 103 Furthermore, assessing the knowledge of the available vaccine in addition to the participant's 104 acceptability towards it will aid the decision makers in charge of the of the national 105 immunization schedule in their decision on whether to add the vaccine.

106

107 Methods

A multi-centric cross-sectional study was carried out in primary health centres across Oman from 108 109 September 2019 to February 2020. In Oman, there are eleven governorates, and the number of health centres varies from one governorate to another. Each of these health centres serve the 110 general population and the aim is to have a health centre per 10,000 population. Health centres 111 112 provide a single location for primary care teams to work from and deliver primary health care needs. These clinics are well developed in terms of the availability of trained and qualified 113 114 family physicians, appointment systems, and a wide range of investigations and medications. 115 Eighteen health centres were randomly selected from each governorate. This was done by 116 categorising the governorates as either large or small based on population size. The enrolled 117 health centres were arranged based on the population of the catchment area and number of 118 outpatient visits obtained from the Oman Health Records 2019. We ended up with seven large governorates and four small ones. Two health centres were randomly selected from the larger 119 120 governorates and one health centre from the less populated governorates using a simple random 121 sampling method. The number of participants from each centre was then calculated based on the 122 proportion of outpatient visits in that health centre compared to the total number of outpatient 123 visits. We selected the participants randomly by using a systematic random sampling method in

124 which we chose every second adult female visiting the health centre for any reason (medical or 125 non-medical) during the study period. The target population was Omani women aged 18 years 126 and older who were attending the health centre for any service. Women who could not read, 127 those who did not speak Arabic or English, those with learning difficulties or dementia, acutely 128 sick women who required immediate care, or those in a hurry were excluded from the study. 129 The sample size was determined based on the anticipated level of knowledge regarding cervical 130 cancer and screening for cervical cancer as 50% with a 5% margin of error, 95% confidence 131 level, and 5% 2 tailed alpha error. The calculated sample size was 768. In addition, we 132 anticipated a 4% non-response rate to the survey. Therefore, the total sample size became 800. 133 The calculation was done using OpenEpi software.

134

A well-structured questionnaire was used for data collection, and this had been tested in a previous study in Oman.¹⁷ The participation was voluntary and a written consent with a statement of confidentiality was taken from all participants. The purpose and objectives of the research were explained to all participants. Privacy, confidentiality, and the right to withdraw at any given time was assured. The average time taken to fill the questionnaire ranged between 10 and 15 minutes and this was done by face-to-face interview. The study was anonymous, and the participants were assigned a unique code which was later used for data analysis.

142

143 The survey consisted of three main parts. The first part was regarding the sociodemographic 144 characteristics including age, marital status, age at first marriage, number of marriages, total 145 number of children, number of daughters, theirs and their spouses' level of education, 146 employment status, and if their degree was related to health care, the total monthly income, and 147 if their income affected their regular gynaecological reviews.

148

The second part assessed the participants' cervical cancer risk factors including history of smoking, exercise, use of oral contraceptive methods, history of abortion, history of sexually transmitted infection (STI), history of HPV infection, and a personal and a family history of cervical cancer. Moreover, we inquired about their immunity status, such as having a history of human immunodeficiency virus (HIV) infection, self or spouse, or using immunosuppressant medications. 155

156 The third part assessed knowledge and awareness regarding cervical cancer and HPV. Questions 157 included whether the participants had heard of cervical cancer, their source of information, and if 158 they thought it was among the common cancers leading to death worldwide. They were 159 questioned about their knowledge regarding the warning signs of cervical cancer, for example, 160 intermenstrual bleeding, persistent low back pain, persistent foul-smelling vaginal discharge, 161 dyspareunia, menorrhagia, persistent diarrhoea, postmenopausal bleeding, persistent pelvic pain, 162 postcoital bleeding, blood in urine or stool, and unexplained weight loss. Furthermore, the 163 knowledge regarding factors that affect the chances of developing cervical cancer including history of infection with HPV, smoking, weakened immunity of self or spouse, long term use of 164 165 contraceptive pills, early marriage before the age of 16 years, having many children (\geq 3), family 166 history of cervical cancer, and finally, failure to get screened for cervical cancer. 167

The last few questions in this part were regarding HPV and its vaccine, if they had ever heard of this vaccine and whether they generally accepted the provision of the HPV vaccine to middle school-aged girls and to their own daughters, specifically. Finally, they were asked if their knowledge, awareness, and practice regarding cervical cancer and its screening was influenced by the conservative nature of the Omani society.

173

To assess knowledge, all knowledge-related questions were compiled, and a scoring system was
created. Each correct answer was given one point and the total possible score was 22. The scores
were then divided into two categories: not knowledgeable (scores of <12) and knowledgeable
(scores of 12-22).

178

The data analysis was done using Statistical Package for Social Science (SPSS) version 23
(SPSS Inc., Chicago, IL, USA). For sample characteristics, descriptive analyses were done.
Continuous variables were presented as means and standard deviations. Categorical variables
were reported as frequencies and percentages. Pearson's chi-square (χ²) test was used when
appropriate to determine significance and Fisher's exact tests were used for low cell frequencies.
A P value of 0.05 or less was considered significant.

185

186 Ethical approval for the study was obtained from the Research and Ethics committee of the

187 Department of Planning and Studies sections, Ministry of Health, Oman.

188

189 **Results**

190 A total of 805 women participated and completed the study (response rate: 89%). Most of the 191 participants were in the age group of 21 to 30 years (38.9%) and 31 to 40 years (40.6%). More 192 than half of the participants were in college (52.2%). Out of the remaining, most had high school 193 diplomas (38.5%). The participants were almost equally divided between being employed 194 (45.7%) or searching for a job (42.5%). Around one fifth of the participants had jobs related to health care (20.6%). Only a fifth of the women surveyed were never married (16.9%), while 195 196 majority had been married (83.7%) and this includes currently married, divorced, or widowed. 197 More than half were married when they were between the ages of 18 and 25 years (55.9%). Only 198 a small number were married when they were younger than 18 years old (8.0%). The number of 199 children of each participant varied greatly from 1 to 13 with an average of 2.52 ± 2.44 . The 200 number of daughters was also variable with an average of 1.25 ± 1.49 where the majority did not 201 have any (42%), followed by a quarter who had one daughter (24.3%). Almost half of the 202 husbands had secondary school diplomas (40.9%), followed by undergraduate degrees (26.8%). In terms of income, this varied greatly, 20.2% reported having low income of less than 500 OMR 203 204 a month and 20.4% stated having an income of 1000-2500 OMR a month. The majority of the 205 participants (78.3%) indicated that their financial status did not affect their visits to the 206 gynaecologist.

207

Almost all of the participants were non-smokers (99.5%). Around one third did not exercise 208 209 (31.9%), while only 69 (8.6%) exercised regularly around four to five times a week. Most of the 210 women (78.9%) were not using any contraceptive methods. Around one third (30.1%) had a 211 history of abortion, with a small proportion that had more than two abortions (6.6%). Few (1.1%) 212 had a history of STI, and less (0.5%) had previously been infected with HPV. Of all participants, 213 only 6 (0.7%) had a history of cervical cancer and 27 (3.4%) had a family history of cervical cancer to their knowledge. Few (0.6%) reported having low immunity and only one (0.1%)214 215 reported having a husband with low immunity.

216

217 When questioned regarding knowledge about cervical cancer, more than two thirds of the

- 218 participants (67.5%) had heard of cervical cancer. Most of them gained this knowledge from
- social media (33.0%) followed by their health care provider (16.9%), television programs or
- advertisements (16.5%), schools or universities (12.9%), family and friends (8.2%), and written
- 221 media such as magazines and newspapers (8.1%). The majority (60%) did not know that cervical
- cancer is a leading cause of death, and only a quarter (26.3%) thought it was. Spotting between
- periods (47.3%), vaginal discharge (41.9%), persistent pelvic pain (41.6%), and post-menopausal
- bleeding (39.0%) were frequently identified warning signs of cervical cancer. In addition, just
- under half of the participants identified persistent low back pain (47.3%), menorrhagia (38.9%),
- postcoital bleeding (35.5%), dyspareunia (34.7%), and weight loss (31.1%) to be warnings signs.
- However, blood in the stool and urine (26.2%) and diarrhea (12.3%) were infrequently identified
- as warning signs.
- 229

When questioned regarding factors that increase the chances of developing cervical cancer, mostof the participants agreed that the following are risk factors for cervical cancer:

- immunosuppression (56.9%), having a family history of cervical cancer (53.3%), never being
- screened for cervical cancer before (49.7%), smoking (48.1%), long term use of oral
- contraceptive pills (36.6%), and having a husband with a weakened immune system (34.4%). On
- the other hand, very few respondents thought that early marriage (17%) and having many
- children (9.3%) played a role in developing cervical cancer. Almost half of the respondents
- 237 (49.7%) did not know that HPV infection was a risk factor and some (11.4%) thought it was not
- a risk factor. On the other hand, more than half (53.3%) identified family history of cervical
- 239 cancer as a risk factor for cervical cancer.
- 240

Regarding the knowledge score, 60.0% of the participants had poor knowledge with a score of less than 12 and 40.0% of the participants were knowledgeable with a score of 12 or more. The knowledge score was significantly associated with the participants' qualifications (P = 0.000) and if their degree was related to health care (P = 0.000). Most women who were knowledgeable had a college degree or higher (65.5%). Regarding the field of study and whether it was related to health care and knowledge score, more than half of the participants had poor knowledge (59.9%), with a few of these who were in health care-related fields (7.7%). The knowledge score

- was also significantly associated with employment status (P = 0.000), income (P = 0.000), and
- family history of cervical cancer (P = 0.000). The knowledge score was not significantly
- associated with the other sociodemographic characteristics nor with the previous history of STI,
- 251 history of HPV infection, or history of cervical cancer. Table 1.
- 252

253 Two thirds of the participants (67%) had never heard of HPV. Even though only 81 women 254 (10.1%) had heard of the HPV vaccine, 332 (41.2%) agreed with offering the vaccine to middle 255 school-aged girls and almost half (47.0%) agreed that vaccinating their daughters was a good 256 decision. Furthermore, 48.3% of the participants admitted that the conservative nature of Omani 257 society did affect their knowledge regarding cervical cancer. Regarding the acceptance of the 258 provision of the HPV vaccine to their own daughters, there was no association with any of the 259 factors. However, there was a significant association between agreement to giving the vaccine to 260 school children and the level of education (P = 0.000) and whether their field of study was 261 related to health care (P = 0.036). On the contrary, there was no association between agreement to give the vaccine and whether the participants had daughters. Table 2. 262

263

264 Discussion

Even though cervical cancer is the third most common cancer among Omani women aged 15–44 265 years, there is no well-structured national screening program.⁵ The unavailability of cervical 266 267 cancer screening and Pap smear testing at the primary healthcare level has led to a lack of 268 knowledge regarding cervical cancer. In the current study, most of participants (67.5%) had 269 heard of cervical cancer which is low compared to a previous similar study in Oman where the majority of participants (80%) had heard of cervical cancer.¹⁷ The main source of information for 270 271 the participants in our study was social media (33%) followed by only 16.9% from healthcare 272 providers. Our study was not the only one which demonstrated that social media, rather than 273 health care professionals, was the major source of knowledge. The same was demonstrated in 274 other Arabic countries such as Qatar, Hispanic communities in the US, and some Asian countries including India.¹⁸⁻²⁰ These findings are contrary to a study done in Italy among young adult 275 276 woman which found healthcare providers to be the primary and most trusted source of information.²¹ This leads us to think that national education and/or awareness programs are 277 278 deficient in Oman or are not well within reach of the public. Social media has become an

important platform that can be utilised in educating the public about cervical cancer and the HPV
vaccine, especially that currently social media is one of the fastest and easiest ways to deliver
information. Hence, it could be wisely used by health care providers if it is well prepared and
structured.

283

284 In comparison to a study done previously in Oman, the majority of college degree holders. 285 whether patients, staff, or current students, had inadequate knowledge regarding cervical cancer, 100%, 59.5%, and 92.4%, respectively.¹⁷ In both studies, participants demonstrated poor 286 287 knowledge despite educational level or employment status which leads us to think that the public's overall exposure to cervical cancer awareness, whether through advertisement, their 288 289 health care providers, or their schools, is lacking. This indicates the increased need to utilize 290 different resources to increase awareness of cervical cancer and to focus more on health care 291 professionals to deliver the required information as they would be the most reliable in spread the information, respond to any inquires, and guide them appropriately. 292

293

In terms of knowledge regarding cervical cancer, our study demonstrated similar results to 294 studies done in Qatar and Kuwait.^{18, 22} People who had better knowledge were mostly college 295 degree holders or higher or aged 31 years or older. In addition, people with inadequate 296 knowledge were women under 30 years of age, recently married, or uneducated. Although most 297 298 of the respondents in our study were educated, only 40% were considered knowledgeable. 299 Contrary to what was found in previous studies, even the highly educated people in our study 300 were unaware of cervical cancer. That could be because the population size in the previous study 301 was smaller and most of the participants were hospital staff and nursing students who would 302 have previously been exposed to information regarding if not patients with cervical cancer and/or HPV. 303

304

Regarding knowledge of HPV and its vaccine, of our study participants, only 15% had heard of
HPV as compared to 34.5% in a study done in Saudi Arabia. In the same study, 29.9% of
participating Saudi women were aware of the HPV vaccine compared to only 10.1% in this
study.²³ Both of which are very low when compared to 79.1% of all participants who knew of the

- 309 HPV vaccine in a study done in the UK, US, and Australia.²⁴ This calls for a nationwide
- awareness program to educate the Omani public regarding HPV and its implications.
- 311 Despite the poor knowledge regarding HPV and the vaccine for it, our studied population
- 312 reported to be accepting of vaccinating middle school-aged girls including their own daughters.
- 313 This could indicate the public's trust in health authority in the country. The acceptability rate was
- 47.1%, which is considered low when compared to 83.7% in Thailand, 81.8% in Bahrain, and
- 64.3% in Saudi Arabia.^{23,25-27} Though the acceptance for HPV vaccine is comparably low, it is
- signal essential that initiative be taken and the vaccine be provided to eligible candidates.
- 317 Strengths and limitations

The strength of this study lies in the diversity of the respondents. It is the first national study 318 319 from Oman to assess knowledge, awareness, and attitude regarding cervical cancer and HPV. 320 The results of our study can therefore be generalisable to the entire population. Moreover, the 321 response rate was high, likely due to the chosen data collection method (face-to-face interviews) 322 which may have helped to build a stronger rapport with the respondents and allowed for more 323 accurate and complete responses. Among the limitations of our study is the length of the 324 questionnaire and that the interviews were placed in waiting areas of primary health care 325 facilities which can often be crowded. Finally, the inclusion of questions referring to the participants' past experiences and the face-to-face interview setup itself could have inadvertently 326 327 led to recall or response bias.

328

329 Conclusion

Most of the participants had poor knowledge regarding cervical cancer and HPV. Even those with a personal or family history of cervical cancer were not aware of HPV and its role. Despite that, the majority were open and accepting of the idea of offering the HPV vaccine to middle school-aged girls and even their daughters. Community outreach programs may help in enriching public knowledge, and possibly, correct misinformation and myths regarding cervical cancer and HPV.

336

337 Authors Contribution

338 MR, TK and RK conceived the presented research idea and went through literature review. MR339 and TK, under the supervision of RK, designed the research methodology. MR and TK were

340	involve	ed in the data collection and date entry. MR, TK and RK analyzed and interpreted the results.
341	MR wa	as a major contributor in writing the manuscript in consultation with TK and RK. RK was
342	the res	earch supervisor who guided MR and TK throughout the project. All authors read and
343	approv	red the final manuscript.
344		
345	Ackno	wledgement
346	We we	ould like to thank Dr. Gauhar Rizvi of Sultan Qaboos University and Mr. Sachin Jose of
347	Oman	Medical Specialty Board for their great help with the statistics. We would also like to extend
348	our tha	anks to our research assistants who made it possible to conduct this research project on a
349 350	nationa	al level.
351	Confli	ct of Interest
352	The au	thors declare no conflicts of interest.
353		
354	Fundi	ng
355	This re	esearch has received funding from Sultan Qaboos University Hospital.
356		
357	Refere	ences
358	1.	Jhingran A, Russel AH, Seiden MV, et al. Cancers of the cervix, vulva, and vagina. In:
359		Niederhuber JE, Armitage JO, Doroshow JH, Kastan MB, Tepper JE. Abeloff, Eds.
360		Clinical Oncology, 6th ed. Amsterdam: Elsevier, 2019. Pp.1468-1507.
361	2.	Green J, Berrington de Gonzalez A, Sweetland S, Beral V, Chilvers C, Crossley B, et al.
362		Risk factors for adenocarcinoma and squamous cell carcinoma of the cervix in women
363	1	aged 20-44 years: The UK National Case-Control Study of Cervical Cancer. Br J Cancer
364		2003; 89(11): 2078-86. https://doi.org/10.1038/sj.bjc.6601296.
365	3.	Al-Lawati Z, Khamis FA, Al-Hamdani A, Al-Kalbani M, Ramadhan FA, Al-Rawahi TR,
366		et al. Prevalence of human papilloma virus in Oman: Genotypes 82 and 68 are
367		dominating. Int J Infect Dis 2020; 93:22-7. https://doi.org/10.1016/j.ijid.2019.12.038.
368	4.	World Health Organization. The Global Health Observatory: GLOBACAN 2020 Cervix
369		Uteri. From https://gco.iarc.fr/today/data/factsheets/cancers/23-Cervix-uteri-fact-
370		sheet.pdf Accessed: April 2021.

371 5. World Health Organization. The Global Health Observatory: GLOBACAN 2020 Oman. 372 From: https://gco.iarc.fr/today/data/factsheets/populations/512-oman-fact-sheets.pdf 373 Accessed: July 2021. 374 6. Bruni L, Albero G, Serrano B, Mena M, Gómez D, Muñoz J, et al. ICO/IARC 375 Information Centre on HPV and Cancer (HPV Information Centre). Human 376 Papillomavirus and Related Diseases in Oman. Summary Report 17 June 2019. From: 377 https://hpvcentre.net/statistics/reports/OMN.pdf Accessed: June 2021. 7. Güdücü Nilgün. Awareness of human papilloma virus, cervical cancer and HPV vaccine 378 379 in healthcare workers and students of medical and nursing schools. Journal of Clinical 380 and Experimental Investigations 2012; 3(3): 318–25. 381 https://doi.org/10.5799/ahinjs.01.2012.03.0171. 8. Arbyn M, Weiderpass E, Bruni L, Sanjosé SD, Saraiya M, Ferlay J, et al. Estimates of 382 incidence and mortality of cervical cancer in 2018: a worldwide analysis. Lancet Glob 383 384 Health 2020; 8(2): e191-203. https://doi.org/10.1016/S2214-109X(19)30482-6. 9. Gamaoun R. Knowledge, awareness and acceptability of anti-HPV vaccine in the Arab 385 states of the Middle East and North Africa region: a systematic review. East Mediterr 386 Health J. 2018;24(6):538-548. https://doi.org/10.26719/2018.24.6.538 387 10. Ministry of Health, Oman. Manual on Expanded Program on immunisation. From: 388 389 www.moh.gov.om. Accessed July 2021. 390 11. Cancer Research UK. Cervical cancer statistics. Cancer Research UK, London. From: 391 https://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-bycancer-type/cervical-cancer Accessed: Oct 2019. 392 393 12. Peto J, Gilham C, Fletcher O, Matthews FE. The cervical cancer epidemic that screening 394 has prevented in the UK. Lancet 2004; 364(9430): 249-56. 395 https://doi.org/10.1016/S0140-6736(04)16674-9. 396 13. Siegel R, Naishadham D, Jemal A. Cancer statistics, 2012. CA Cancer J Clin 2012; 397 62(1): 10-29. https://doi.org/10.3322/caac.20138. 398 14. Bray F, Ferlay J, Soerjomataram I, Siegel RL, Torre LA, Jemal A. Global cancer 399 statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 400 cancers in 185 countries. CA Cancer J Clin 2018; 68(6): 394-424. 401 https://doi.org/10.3322/caac.21492.

- 402 15. Lei J, Ploner A, Elfström KM, Wang J, Roth A, Fang F, et al. HPV Vaccination and the
 403 Risk of Invasive Cervical Cancer. N Engl J Med 2020; 383(14):1340–8.
 404 https://doi.org/10.1056/NEJMoa1917338.
- 405 16. Simms KT, Steinberg J, Caruana M, Smith MA, Lew JB, Soerjomataram I, et al. Impact
 406 of scaled up human papillomavirus vaccination and cervical screening and the potential
- 407 for global elimination of cervical cancer in 181 countries, 2020–99: a modelling study.
- 408 Lancet Oncol 2019; 20(3): 394–407. https://doi.org/10.1016/S1470-2045(18)30836-2.
- 409 17. Alwahaibi N, Alsalami W, Alzaabi A, Alramadhani N. Awareness of cervical cancer and
 410 Pap smear testing among Omani women. Asian Pac J Cancer Prev 2016; 17(11): 4825–
 411 30. https://doi.org/10.22034/APJCP.2016.17.11.4825.
- 412 18. Al-Meer FM, Aseel MT, Al-Khalaf J, Al-Kuwari MG, Ismail MFS. Knowledge, attitude
 413 and practices regarding cervical cancer and screening among women visiting primary
- health care in Qatar. East Mediterr Health J 2011; 17(11): 855–61.
- 415 https://doi.org/10.26719/2011.17.11.856.
- 416 19. Ramirez AG, Suarez L, Laufman L, Barroso C, Chalela P. Hispanic women's breast and
 417 cervical cancer knowledge, attitudes, and screening behaviors. Am J Health Promot 2000;
 418 14(5): 292–300. https://doi.org/10.4278/0890-1171-14.5.292.
- 20. Roy B, Tang TS. Cervical cancer screening in Kolkata, India: beliefs and predictors of
 cervical cancer screening among women attending a women's health clinic in Kolkata,
 India. J Cancer Educ 2008; 23(4):253–9. https://doi.org/10.1080/08858190802189105.
- 422 21. Donati S, Giambi C, Declich S, Salmaso S, Filia A, Ciofi Degli Atti ML, et al.
- 423 Knowledge, attitude and practice in primary and secondary cervical cancer prevention
 424 among young adult Italian women. Vaccine 2012; 30(12):2075-82.
- 425 https://doi.org/10.1016/j.vaccine.2012.01.057.
- 426 22. Al Sairafi M, Mohamed FA. Knowledge, attitudes, and practice related to cervical cancer
 427 screening among Kuwaiti women. Med Princ Pract 2009; 18(1):35–42.
- 428 https://doi.org/10.1159/000163044.
- 429 23. Hussain AN, Alkhenizan A, McWalter P, Qazi N, Alshmassi A, Farooqi S, et al.
- 430 Attitudes and perceptions towards HPV vaccination among young women in Saudi
- 431 Arabia. J Family Community Medicine 2016; 23(3):145–50.
- 432 <u>https://doi.org/10.4103/2230-8229.189107</u>.

- 433 24. Marlow LAV, Zimet GD, McCaffery KJ, Ostini R, Waller J, Knowledge of human
 434 papillomavirus (HPV) and HPV vaccination: An international comparison. Vaccine 2013;
 435 31(5):763-769. https://doi.org/10.1016/j.vaccine.2012.11.083.
- 436 25. Woo YL, Razali SM, Chong KR, Omar SZ. Does the success of a school-based HPV
 437 vaccine programme depend on teachers' knowledge and religion? A survey in a
- 438 multicultural society. Asian Pac J Cancer Prev 2012; 13(9):4651–4.
- 439 https://doi.org/10.7314/apjcp.2012.13.9.4651.
- 440 26. Moosa K, Alsayyad AS, Quint W, Gopala K, DeAntonio R. An epidemiological study
 441 assessing the prevalence of human papillomavirus types in women in the Kingdom of
 442 Bahrain. BMC Cancer 2014; 14:905. https://doi.org/10.1186/1471-2407-14-905.
- 443 27. Jassim G, Obeid A, Al Nasheet HA. Knowledge, attitudes, and practices regarding
- 444 cervical cancer and screening among women visiting primary health care centres in
- 445 Bahrain. BMC Public Health 2018;18(1):128. <u>https://doi.org/10.1186/s12889-018-5023-</u>
- 446

<u>7.</u>

447

448 Table 1: Knowledge of Cervical Cancer among Omani Wom	Omani Women	among Omani	Cervical Canc	Knowledge of (448 Table
--	-------------	-------------	---------------	----------------	-----------

	n (%)	n (%)	n (%)	n (%)
Cervical Cancer Knowledge	Poor Knowledge N = 483 (60.0)	Knowledgeable N = 322 (40.0)	P value^	Total
Age group				
≤ 30	224 (28.1)	143 (17.9)	0.546	798 (99.1)
> 30 years	254 (31.8)	177 (22.2)		
Qualification				
Illiterate	28 (3.5)	17 (2.1)	0.000*	802 (99.6)
Secondary	217 (27.1)	93 (11.6)		
Undergrad or higher	236 (29.4)	211 (26.3)		
Related to healthcare				
No	420 (52.2)	218 (27.1)	0.000*	804 (99.9)
Yes	62 (7.7)	104 (12.9)		
Marital status				
Never married	90 (11.2)	46 (5.7)	0.105	802 (99.6)
Married\ Divorced\ Widowed	391 (48.8)	275 (34.3)		
Employment				
No	284 (35.9)	139 (17.3)	0.000*	790 (98.1)
Yes	187 (23.7)	180 (22.8)		
Income				

≤1000 OMR	289 (45.7)	144 (22.8)	0.000*	632 (78.5)	
> 1000 OMR	89 (14.1)	110 (17.4)			
Husband's qualification					
Illiterate	52 (7.9)	31 (4.7)	0.410	662 (82.2)	
Secondary	186 (28.1)	143 (21.6)			
Undergrad or higher	153 (23.1)	97 (14.7)			
History of STD					
No	477 (59.3)	319 (39.6)	0.681	800 (99.4)	
Yes	6 (0.7)	3 (0.4)		(\mathcal{A})	
History of HPV					
No	481 (59.8)	320 (39.8)	0.682	805 (100)	
Yes	2 (0.2)	2 (0.2)		Y	
History of cervical cancer					
No	480 (59.6)	319 (39.6)	0.616	805 (100)	
Yes	3 (0.4)	3 (0.4)			
Family history of cervical					
cancer					
No	474 (58.9)	304 (37.8)	0.004*	805 (100)	
Yes	9 (1.1)	18 (2.2)			

^Chi square test p value

*Statistically significant at $p \le 0.05$ †Missing data were not included in the statistical analysis

Table 2: Acceptability of administering HPV Vaccine among Omani Women

Acceptability of administering HPV vaccine	[†] To daughters N= n (%)		P value*	<pre>#To middle school- aged girls N= n (%)</pre>		P value *			
iii v vaccine	No	Yes		No	Yes				
	N = 100	N = 378		N = 115	N = 332				
	(12.4)	(47)		(14.3)	(41.2)				
Age group									
≤ 3 0	43 (5.4)	172 (21.6)	0.817	50 (6.3)	157 (19.7)	0.760			
>30	55 (6.9)	206 (25.8)		64 (8.0)	174 (21.8)				
Qualification									
Illiterate	10 (1.2)	18 (2.2)	0.052	12 (1.5)	15 (1.9)	0.000**			
Secondary	47 (5.9)	133 (16.6)		62 (7.7)	105 (13.1)				
Undergrad or higher	43 (5.4)	226 (28.2)		41 (5.1)	212 (26.4)				

Related to healthcare									
No	79 (9.8)	287 (35.7)	0.070	98 (12.2)	249 (31.0)	0.036**			
Yes	21 (2.6)	90 (11.2)		17 (2.1)	82 (10.2)				
Marital status									
Never married	19 (2.4)	62 (7.7)	0.809	22 (2.7)	52 (6.5)	0.682			
Married [currently or before]	80 (10)	315 (39.3)		93 (11.6)	276 (34.7)				
Employment									
No	53 (6.7)	189 (23.9)	0.194	69 (8.7)	157 (19.9)	0.014			
Yes	44 (5.6)	187 (23.7)		43 (5.4)	172 (21.8)				
Income				- * *					
1000 OMR or less	56 (8.9)	197 (31.2)	0.333	60 (9.5)	172 (27.2)	0.270			
More than 1000 OMR	24 (3.8)	103 (16.3)		29 (4.6)	91 (14.4)				
Husband's qualific	ation								
Illiterate	15 (2.3)	33 (5.0)	0.262	18 (2.7)	28 (4.2)	0.284			
Secondary	38 (5.7)	165 (24.9)		42 (6.3)	140 (21.1)				
Undergrad or	27 (4.1)	116 (17.5)		35 (5.3)	105 (15.9)				
History of STD									
No	100 (12.4)	371 (46.1)	0.155	115 (14.3)	328 (40.7)	0.455			
Yes	0 (0.0)	7 (0.9)		0 (0.0)	4 (0.5)				
History of HPV									
No	100 (12.4)	376 (46.7)	0.743	115 (14.3)	330 (41.0)	0.713			
Yes	0 (0.0)	2 (0.2)		0 (0.0)	2 (0.2)				
History of cervical cancer									

No	99 (12.3)	376 (4.7)	0.796	115 (14.3)	327 (40.6)	0.105			
Yes	1 (0.1)	2 (0.2)		0 (0.0)	5 (0.6)				
Family history of cervical cancer									
No	99 (12.3)	364 (45.2)	0.377	114 (14.2)	317 (39.4)	0.160			
Yes	1 (0.1)	14 (1.7)		1 (0.1)	15 (1.9)				
Do you have daughters?									
No	37 (4.6)	170 (21.1)	0.234	44 (5.5)	148 (18.4	0.410			
Yes	63 (7.8)	208 (25.8)		71 (8.8)	184 (22.9)	ł,			

454 **Chi square test p value*

455 **Statistically significant at $p \le 0.05$

456 *†I don't know\ Not sure responses were not included in the statistical analysis*