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A Rare Synchronous Existence of Warthin's Tumour and Oral Cancer

A systematic review

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Abstract

17 Oral squamous cell carcinoma (OSCC) is one of the most common malignancies worldwide
18 while Warthin's tumor (WT) is a common type of benign salivary gland neoplasm mostly seen in
19 the parotid gland but rarely involves extra parotid tissues. Extra parotid WT is itself a rare entity
20 and its synchronous occurrence with OSCC is an unusual phenomenon. It is vital to accurately
21 identify the pathology as confusion may arise due to its rare occurrence and an intriguing
22 presentation of resembling metastasis in lymph nodes. In the present review, a systematic
23 literature search was performed and case reports and series in which synchronous existence of
24 WT and OSCC were included. Total 13 papers have been included with 17 cases of synchronous
25 WT and OSCC. Quality assessment for cases was done based on the CARE guidelines. The
26 given results describe the histological features and site of WT in individuals who also had OSCC.
27 Most of the studies described the histological findings of WT, which were seen involving the
28 lymph nodes. More than 50% of the included cases had a history of tobacco chewing or smoking.
29 The cases that have reported for follow up showed no evidence of any recurrence. WT with
30 OSCC synchronous occurrence at a different site from the primary tumor can mimic a metastatic

31 lesion from a primary lesion. It is a diagnostic challenge and could alter the management of these
32 patients if not identified accurately. Awareness about this synchronous occurrence can avoid the
33 overtreatment in such cases. Majority of the WTs described were seen in cervical lymph nodes.

34 **Keywords:** Oral cancer; Warthin tumor; Benign Neoplasm; Mixed salivary gland tumor;
35 Synchronous neoplasm; metastasis; Second malignancy; Prognosis.

36

37 **Introduction:**

38 Oral cancer stands as a substantial contributor to worldwide mortality, emerging as one of the
39 prevalent malignancies that significantly impacts the global population.¹ The diagnosis and
40 management of this condition is sometimes complicated by coexistence of second primary
41 lesions. Patients with head and neck squamous cell carcinoma (HNSCC) show a higher incidence
42 rate of second primary lesions by over 2-3% annually. It means they may occur with other benign
43 or malignant neoplasms.² These second primary tumors (SPTs) can either be synchronous or
44 metachronous. The cases in which the SPT is detected within 26 weeks of the primary tumor
45 signifies synchronous tumor while the cases in which the SPT is diagnosed more than 26 weeks
46 after the diagnosis of the first primary tumor represents metachronous tumor.³ Metachronous
47 SPTs (20% to 30%) are more commonly identified than the synchronous ones (1% to 6%) in
48 HNSCC cases. The most frequently involved sites are head and neck, pulmonary, and esophageal
49 mucosal regions. These are the sites that are exposed to carcinogens like tobacco or alcohol and
50 are thus suspected to display the phenomenon of field cancerization.³⁻¹⁰

51

52 The occurrence of the contemporaneous parotid or any major salivary gland neoplasms is an
53 extremely rare event. The risk factors for OSCC comprise deleterious habits such as tobacco
54 chewing and smoking, alcohol consumption, use of betel nut and betel quid along with direct or
55 indirect association with various oncoviruses like human papilloma virus and Epstein Barr virus
56 (EBV). Warthin's tumour (WT) also known as papillary cystadenoma lymphomatosum is a
57 benign tumour of the salivary glands, mainly affecting the parotid gland. It is among the most
58 common benign parotid neoplasms and the most common bilaterally occurring neoplasm in the
59 parotid.¹¹ The main predisposing factors for WT are tobacco smoking, exposure to various
60 radiations and infections caused by viruses like EBV. The cases in which there is synchronous
61 association of WT and OSCC are rarely seen and documented in the literature.

62 Thus, there is an infrequent incidence of association of WT at a different site from the primary
63 OSCC, which may imitate as a metastatic lesion of the primary OSCC making it necessary to
64 diagnose the coexisting neoplasms for accurate management of the patients. Thus, the current
65 paper presents a systematic analysis of all the cases representing synchronous existence of OSCC
66 and WT in the available medical literature focusing on the clinical and histopathological features.
67 It also elaborates the rare possibility of the occurrence of WT in extra-parotid sites, usually
68 cervical lymph nodes.

69

70 **Methods**

71 *Focused Question*

72 Participants, Intervention, Control and Outcomes (PICO) protocol advocated in the Preferred
73 Reporting Items in Systematic Reviews and Meta-Analysis (PRISMA)].¹² has been followed to
74 frame a focused question: What are the complications, rate of recurrence, prognosis post-
75 intervention in the patients with synchronous occurrence of OSCC and WT? The systematic
76 review is registered with PROSPERO (registration number 425093).

77

78 *Inclusion and exclusion criteria*

79 Clinical trials (randomized and non-randomized), cross-sectional studies, case reports (CRs),
80 observational studies (retrospective and prospective), case series (CS), grey literature (conference
81 proceedings, non-academic websites etc.); articles in all languages (Google translator to translate
82 studies) are reviewed and only radiologically and histopathologically diagnosed patients
83 coexisting with OSCC and WT have been included in the present review.

84

85 Non-human subjects, reviews, commentaries, letters to the editor were excluded. OSCC with
86 other neoplasms, WT with other neoplasms and an inapt study described as a non-CR, such as a
87 review, commentary, or clinical trial were not included from the present review.

88

89 *Literature search*

90 Two investigators (SM and GS) conducted a thorough search procedure of various databases
91 individually. An electronic search was piloted using the following databases: PubMed, Scopus
92 and Web of Science. Google Scholar was used to explore grey literature aiming on cases with

93 coexisting WT and OSCC. The medical subject headings (MeSH) were as follows [(Warthin's
94 tumor) OR (papillary cystadenoma lymphomatosum) AND (oral cancer) OR (OSCC) AND
95 (diagnosis) OR (prognosis) OR (recurrence)]. Cross referencing of the included articles was also
96 executed to find any further studies satisfying the inclusion criteria. Disparities were resolved by
97 a dialogue between the investigators for inclusion/exclusion of a paper. Calculation of an inter-
98 examiner reliability score (Kappa score) was done for gauging the agreeability between the
99 examiners.

100

101 ***Data Extraction***

102 The data tabulation was done by two investigators individually based on the criteria: number of
103 participants, number of cases with WT synchronous with OSCC described in each study,
104 chronological age which included the mean or median or the range and gender of the patients,
105 characteristic features like histological, radiographic and clinical features, any WT synchronous
106 with OSCC-related outcome and follow-up. Details of the treatment, rate of the recurrence and
107 details of the complications and prognosis were also recorded.

108

109 ***Quality Assessment***

110 Quality assessment for CR and CS was done based on CARE guidelines.¹³ Various
111 characteristics were evaluated such as the title, keywords, quality of the abstract, introduction,
112 reported patient information, clinical findings, timeline, diagnostic evaluation, interventions
113 reported, follow-up and outcome, and quality of the discussion section, standpoint of the patients
114 and inclusion of the informed consent and approval from the scientific and ethics committee
115 stated.

116

117 **Results**

118 ***Literature Search***

119 The maiden search of the literature for the topic ensued 3264 papers. Later, 3209 irrelevant
120 papers were excluded. The abstracts and titles of 55 papers were studied for possible annexation,
121 which resulted in exclusion of 42 papers. Thus, 13 articles with full text were logged in for
122 possible inclusion. Thirteen studies (10 CRs [14-24] and 3 [15, 25, 26] CS) were finally included
123 in the present review. There were no further studies uncovered in the reference lists of the

124 comprised articles. The literature search is represented in the PRISMA flowchart including the
125 exclusion criteria for the selected articles. (Figure 1)

126

127 ***General Characteristics of the Included Studies***

128 WT synchronous with OSCC was found in 17 patients in the included studies.¹⁴⁻²⁶ In reported 13
129 studies, a male preponderance was observed with almost twice as many cases (M: 11, F: 6)¹⁴⁻²⁶
130 with the age ranging between 42 -86 years, and a mean age of 64 years \pm (SD). Majority of cases
131 presented with a habit history of tobacco chewing,^{14,16,22} smoking,^{14,19,21-24,26} alcohol
132 consumption.^{14,22} One case reported of deranged liver function test which can happen in such
133 synchronous pathology patients who have a history of alcohol consumption.²² In a single case,
134 history of hepatitis C since 11 years was also reported.¹⁶

135

136 The majority of the cases described the primary finding as OSCC with ulcerative lesion^{14,21-24,26}
137 and enlarge lymph nodes.^{14,15,20,22,23} In one case sensory disturbance of left lower lip is reported.
138²⁰ One patient complained burning sensation and limited mouth opening.²² Site of OSCC was
139 found in tongue,^{15,19,21,25,26} buccal mucosa,^{14,16,25,26} floor of mouth,^{24,25} buccal mucosa and
140 gingiva,¹⁶ lower lip,¹⁷ retromolar triangle,¹⁸ mandible,²⁰ mandibular gingivobuccal complex,²²
141 maxillary gingiva,²³ mandibular gingiva.²⁵ (Table 1 and 2) The size of the lesions mentioned are
142 10 mm x 5 mm,¹⁶ 5 cm x 4 cm,¹⁴ 18 mm x13 mm,²¹ 30 mm x15 mm,²⁴ 4 cm x 4 cm,²⁶ 2 cm x 2
143 cm.²⁶ TNM staging of OSCC is reported as T2N2M0,¹⁹ T4N1M0,²⁰ T2N0M0,²¹ T4aN2bM0,²³
144 two cases of T3N1M0,²⁵ two cases of T2N1M0.²⁵ In some reports the grading of OSCC is noted
145 as well differentiated squamous cell carcinoma,^{17,22} moderately differentiated^{16,26} and poorly
146 differentiated.¹⁴

147

148 Majority of the cases described WT histologically, were seen involving the lymph nodes.<sup>14, 16, 19-
149 24, 26</sup> The site of the WT was noted in cervical lymph nodes,^{16, 17 19-22, 25} in submandibular lymph
150 nodes,^{18, 23} in periparotid region,¹⁵ tail of parotid,^{14, 26} submandibular gland.²⁴ (Table 1 and 2) The
151 histological findings of cystic space lined by bilayered cuboidal and columnar epithelium is
152 mentioned in most of the cases,^{14, 16, 19-24, 26} epithelial arrangement along with lymphoid
153 aggregate is also noted.^{14, 16, 20-23, 26} The size of the WT is mentioned as 12mm x 8mm x 6mm,¹⁶

154 1.45cm,²⁰ 5mm x 3mm and 4mm x 3mm²³ and 6mm²⁴ Ranging from 3mm to 1.45 cm with a
155 mean of 8.3mm.

156
157 The investigations done included incisional biopsy,¹⁴ excisional biopsy,^{16,21,22,26} excisional biopsy
158 along with CT scan,^{16,21} Contrast-enhanced CT showed an enlargement in cervical LN
159 (15mmx11mmx10mm) at contralateral level.²¹ Ultrasound showing 12mm x 8mm x 6mm hypo-
160 echoic mass adjoining the sternocleidomastoid muscle border anteriorly and to the external
161 jugular vein posteriorly.¹⁶ PET/CT scan was performed in a few cases,^{19,20,23} intense radiotracer
162 uptake i.e., maximum standardized uptake value of 5.2 was observed at the resection site in a
163 case¹⁹ and MRI was performed in one of the studies. FNAC reported RBCs and inflammatory
164 cells in a case.²¹ FDG-PET/CT scan was also performed in a few cases,^{19,21,23} Intense FDG
165 uptake (SUV max 9.5 and 5.7) in the enlarged LN level II ipsilaterally was observed.¹⁹ SUV max
166 of the primary site and the opposing side cervical LN were 2.2 g/mL and 3.7 g/mL, respectively,
167 ²¹ with a SUV max of 19.96. SUV max of 6.8, 8.17 and 5.1 was reported in the right
168 submandibular LN²³ and SCC antigen value of 3.3ng/ml was also noted²³

169
170 Details of various features like clinical, histological, and radiographic characteristics of the WT
171 synchronous with OSCC, are comprehensively described in Table 1.

172

173 ***Management, Recurrence Rate and Post-Op Complications***

174 Four cases described excision of OSCC site and supra-omohyoid neck dissection as a line of
175 treatment.^{17,19,20,25} Seven cases underwent excision of OSCC site and modified radicle neck
176 dissection.^{14,18,22-26} Three cases reported radiotherapy after excision.^{16,24,25} Follow-up was noted
177 in three studies including 6 cases as 6 months, 24 months, 18 months, 35 months, 28 months and
178 46 months.^{17,18,25} No recurrence was found in four patients.^{21,23,24,26} Recurrence of OSCC buccal
179 mucosa was noted in one case,¹⁶ which was further treated with radiotherapy. In one case, death
180 due to chemotherapy was reported.²⁶ One study concluded that OSCC is the key prognostic
181 determinant in such cases and might majorly complicate post-operative management.¹⁸

182

183 ***Quality Assessment***

184 In six studies (46.15%), the title is stated as type of study,^{14,16,18,22,25,26} and in five studies,
185 keywords are used as CR and CS.^{16,19,23,24,26} The principal outcomes were reported adequately in
186 the abstract in seven studies.^{14,18,21,23-26} Conclusion was included in the abstract in around four
187 studies.^{18,24-26} The main findings in the abstract were reported moderately in six studies.^{14,18,23-26}
188 A fair introduction was available in five studies.^{14,23-26} Patient information with no identification
189 was provided in thirteen studies.^{14,15-18,19-26} The main symptoms and finding of the patients were
190 described in ten cases.^{14,16,18-24,26} Other findings such as medical and family history along with
191 psychosocial and genetic aspects were not mentioned in any of the included studies but one with
192 partial information.¹⁶ A past interventional history was provided in two cases.^{19,20} In four CRs,
193 adequate details about the physical examination of the patients have been provided.^{16,22,25,26} The
194 treatment timeline for the included patients has not been included in any of the studies.
195 Diagnostic testing was carried out sufficiently in seven cases.^{16,19-23,26} The specialists facing
196 challenges during diagnostic assessment is not reported in any of the cases, but all provided a
197 specific diagnosis of the cases. Adequate information about the prognosis and/or staging was
198 specified in about ten of the cases.^{14,16-18,19-26} Surgical intervention or radiotherapy information
199 was provided sufficiently in twelve cases^{14,16-18,19-26} but only in one case, no details or level of
200 the surgical intervention was mentioned.¹⁵ Additionally, none of the CRs and CS mentioned
201 about any deviation from the original treatment strategy. Patient or clinician-reported outcomes
202 were mentioned in seven cases.^{14,21-26} Adequate information about the follow-up details was
203 available in seven cases.^{16,18,21-26} Adherence and tolerability to the follow-up were reported in
204 three cases.^{14,16,19} Data regarding post-operative complications were provided in about three
205 cases.^{16,20,26} Assessment of discussion sections shows, limitations and weaknesses, were
206 described in about ten studies.^{14,15,16,20,21,22-26} The related literature was discussed adequately in
207 twelve studies.^{14,15,16,18-25} In around ten CRs, the conclusion was reasonable and justified
208 adequately.^{14,16,18,20-26} Recommendations or ‘take-away’ lessons were given by twelve cases.
209^{14,15,18,19-26} Patient perspectives were not mentioned in any of the studies and information about
210 the patient consent and ethics was mentioned in just two cases.^{23,26} A detailed description is
211 provided in Table 3.

212

213 **Discussion**

214 In the present systematic review, total 13 papers have been included with 17 cases of
215 synchronous existence of WT and OSCC. The clinical manifestations, TNM staging and grades
216 of OSCC have been reported in these papers. Report of sensory disturbance, burning sensation
217 and limited mouth opening suggests that OSCC can cause various symptoms that may affect the
218 patient's quality of life. Apart from these reports, the results also suggest that WT can occur
219 simultaneously with OSCC. Since tobacco use is a common etiology for both OSCC and WT, the
220 patients with a known history of such habit should be significantly considered for regular oral
221 cancer screenings and lymph node involvement status especially in case of regional metastasis
222 and its diagnosis.

223
224 The given results describe the histological features and site of WT in individuals who also had
225 OSCC. Most of the studies described the histological findings of WT, those were seen in
226 involved lymph nodes. Though WT is known to be found exclusively in parotid gland, the site of
227 the WT in the present review was noted in various locations, including cervical lymph nodes,
228 submandibular lymph nodes, periparotid region, tail of parotid, and submandibular gland.¹⁴⁻²⁶
229 The histological findings of WT were characterized by a cystic space lined by bilayered cuboidal
230 and columnar epithelium, as well as an epithelial arrangement along with lymphoid aggregate.
231 These features are consistent with the typical histological appearance of WT found in parotid
232 gland.

233
234 Warren and Gates have studied multiple primary malignant tumors (MPMTs).²⁷ They have also
235 proposed detailed criteria to diagnose such type of tumors. According to the given criteria, 1)
236 each tumor must be histologically diagnosed as malignant, 2) each tumor must be separate and
237 distinct geographically, 3) exclusion of the metastasis caused due to prior cancer. There are
238 international guidelines, which have been laid down and have elaborated the criterion. The
239 tumors developing in an organ/ a pair of organs/ a tissue should be contemplated as a single
240 tumor. However, there are 2 variations to this rule: 1) In any individual, systemic cancers
241 involving multiple different organs should be considered only one. 2) Histologically different
242 cancers, even if they are diagnosed at the same site should be considered as multiple tumors.²⁷

243

244 The reported incidence of MPMTs ranges between 0.52% to 11.7%. Formerly, the pathogenesis
245 for the formation of MPMTs was attributed to field cancerization. It means it was posited that the
246 etiology for multiple oral primary carcinomas developing independently was pervasive exposure
247 of the epithelial cells to the carcinogens. But recent literature supports the common clonal origin,
248 an alternative theory.²⁸

249
250 To diagnose WT synchronous with OSCC, a similar criterion should be proposed and followed.
251 Both the neoplasms show histologically distinct pictures. Both the neoplasms should be
252 geographically separate and distinct. Because of the proximal association of such salivary gland
253 tumor and regional lymph nodes, and in particular WT, these lesions may clinically show the
254 features of lymph nodes enlargement, leading to a misdiagnosis of metastatic lymph nodes in
255 OSCC patients, which could further obfuscate the treatment plan of these type of patients. Nearly
256 90% of all oral cancers are OSCCs with 40% of them revealing nodal metastasis.²⁹ Therefore,
257 associated practitioners (radiologists, head and neck surgeons, and pathologists) should be well
258 aware of the existence of these infrequent findings to prevent overtreatment in these cases. Extra
259 parotid WTs are usually found accidentally during neck dissection in approximately 1% of oral
260 cancer patients, and they appear like metastatic lesions, particularly in positron-emission
261 tomography/computed tomography (PET/CT) imaging.[25] This ambiguity can be mitigated by
262 using fine needle aspiration cytology. Considering WT as metastatic lesions can lead to the over
263 diagnosis of the condition leading to an extensive treatment planning. Involvement of the lymph
264 nodes by WT has a better prognosis as compared to the lymph node involvement by OSCC
265 metastasis.³⁰

266
267 Synchronous occurrence of WT with other benign neoplasms like oncocytoma, pleomorphic
268 adenoma, sebaceous lymphadenoma and malignant neoplasms like lymphoma have been
269 reported in the literature.²² With neoplasms like oncocytoma, the reason for the synchronous
270 occurrence could be that the WT sharing a common etiology, biological and clinical features with
271 oncocytoma.²⁶ There are 2 different theories for WT development: The first hypothesis is related
272 to heterotopia suggesting that the tumor upshots from proliferating salivary gland ductal cells that
273 were entrapped in lymph nodes of the parotid gland during embryonic life. This hypothesis might
274 rationalize about no occurrence of any WT in the lower neck levels, i.e., levels IV and V. And

275 the second theory proposes that a WT primarily develops in the lymph nodes of parotid in
276 presence to a stimulus, like smoking tobacco.³¹ Thus, this explains the 8 times higher incidence
277 of WTs in cases of smokers than that in non-smokers.³² Moreover, there is a general observation
278 of association of smoking and tobacco consumption habit with male population which might
279 explain the gender predilection towards males in the present systematic review. The present
280 systematic review describes the synchronous occurrence of WT and OSCC occurring in a total of
281 17 cases. The cases exhibited male predilection of 64 years of mean age. The deleterious habit of
282 tobacco consumption in the form of chewable or smoking was recorded in the history of almost
283 all the patients.

284
285 Smoking has a proved connotation with WT development and is evident from the literature. In a
286 retrospective analysis of 96 patients suffering from WT, about 79% reported a history of cigarette
287 smoking.³³ There is oxidative destruction taking place in the mitochondrial DNA of the cells
288 especially oncocytic ones as a response to smoking habit. This damage initiates the
289 tumorigenesis of WT. It has been stated that smokers are at 8 times higher risk of developing the
290 neoplasm compared to non-smokers.³⁴ On the other hand, the main etiologic factor for OSCC is
291 also tobacco. The strong common link between WT and OSCC is the habit of smoking tobacco.
292 The carcinogens from the smoke mix with the saliva and flushes into the ducts of salivary gland
293 in a retrograde manner resulting in metaplasia of the salivary ducts.¹⁴ The conclusion that 74.8%
294 of WT patients are smokers supplements this hypothesis.³⁵ Thus, the carcinogen from the smoke
295 affects the salivary ductal cells as well as oral mucosal cells at the same time which might
296 elucidate the synchronous occurrence of WTs and OSCC.

297
298 The genetic analysis of WT is an essential factor for understanding its etiopathogenesis and its
299 connection to OSCC as reported in this systematic review.³⁶ Recently, t(11;19) translocation and
300 its *CRTC1/MAML2* fusion transcript are reported in a few cases of WT which are common with
301 mucoepidermoid carcinoma (MEC), a salivary gland malignancy proposing a common genetic
302 link between a WT and a carcinoma.³⁷ On the contrary, Sharma et al.³² have reported 17p13.1
303 (*TP53*), 9p21.3 (*CDKN2A*), 9q34.3 (*NOTCH1*), and 3q26.32 (*PIK3CA*) with 24 other altered
304 genetic loci in OSCC patients with deleterious habit of smoking in his study. A few of the
305 genetic aberrations altered by smoking are found to be commonly affected in OSCC and WT.

306 Therefore, there seem to be a lot of scope to find out more genetic and epigenetic details, which
307 are shared by WT and OSCC in their etiopathogeneses.

308

309 There is lot of controversy related to the role of oncoviruses in the pathogenesis of OSCC and
310 WT. WT is known to be associated with EBV.³⁸ Though, there is no direct correlation between
311 EBV and OSCC, there is an evidence present in the literature about their association.³⁹ EBV-
312 associated oral cancers are comparatively rare, as oral cavity is known for the presence and
313 transmission of EBV. But oral cavity can serve as a primary location for the virus which can seed
314 malignancy at another extra oral site such as the nasopharyngeal or gastrointestinal regions.
315 Consequently, the role of EBV in its associated cancers is co-factorial, which requires presence
316 of other genetic aberrations and other coexistent infections caused by human papilloma virus.
317 EBV infection is believed to be a critical episode in tumorigenesis and is directly associated with
318 rapid progression of the disease and the metastatic tendency. EBV detection in OSCC is very rare
319 and probably difficult to detect because of its known 'hit-and-run' phenomenon. Thus,
320 incomplete viral association is often reported. There is evidence of EBV bystander oncogenic
321 effects on the tumor microenvironment. Loss of EBV during evolution of the neoplasm or
322 progression of the disease has also been suggested. EBV-induced epigenetic reprogramming
323 enables the virus to retain the oncogenic phenotypes despite its total absence or absence of its
324 gene expression. Thus, future analyses will be needed to find out a definitive role of EBV in the
325 pathogenesis of OSCC and provide virus-associated biomarkers for OSCC management.³⁹ HPV
326 also has been lately suggested to play important part in the pathogenesis of WT.³⁵ On the
327 contrary, the International Agency of Research of Cancer professed that there is a sufficient
328 substantiation that HPV 16 is associated with OSCC.⁴⁰ It has been noted that within 20 years of
329 period, out of total OSCC cases, the percentage of HPV-positive OSCC went from <20% to
330 >70% in the USA and European countries.⁴¹

331

332 The studies included in the systematic review mentioned about the investigation techniques
333 which included biopsy, CT scans, contrast-enhanced CT, ultrasound, MRI, PET/CT scans and
334 FDG-PET/CT scans. PET/CT is frequently used during follow-up of the cancer patients. WT
335 demonstrates high FDG uptake leading to the misdiagnosis of cervical lymph node metastases. In
336 such cases, fine-needle aspiration cytology (FNAC) is useful to evaluate salivary gland tumor.

337 The diagnostic accuracy of FNAC for detecting salivary gland neoplasms, especially WT is good
338 (74-100%).⁴² WT is a benign slow growing.⁴³ Therefore, surgeons can take a risk to manage such
339 cases conservatively after diagnosis with FNAC.

340
341 To detect the synchronous coincidence of WT and OSCC is a real diagnostic challenge leading to
342 difficulties for the radiologists as well as surgeons. Cervical lymph nodes and tail of parotid are
343 one of the most conventional sites for metastasis from primary OSCC. On the other hand, the
344 incidence of 1.3% was found to be with extra-parotid WTs in neck specimen of OSCC patients.
345 Thus, these tumors can lead to inaccurate staging of OSCC. Moreover, false positive results of
346 FDG-positive WT add to the misdiagnosis. Therefore, CT/ultrasonography guided FNAC may be
347 helpful in such situations to distinguish WT from OSCC metastasis.

348
349 The treatment of synchronous WT and OSCC requires careful planning and consideration of
350 various factors, including the location and extent of the lesions, the stage of the cancer, and the
351 patient's overall health. The available literature shows that the most common treatment modality
352 for synchronous WT and OSCC is surgical removal of the primary tumor and involved lymph
353 nodes. The extent of dissection of neck varies according to the location and extent of the tumor,
354 with supraomohyoid neck dissection and modified radical neck dissection being the most
355 performed procedures. In some cases, adjuvant radiotherapy may be required to reduce the risk
356 of recurrence.^{14,16-18,19-26} The follow-up period for patients with synchronous WT and OSCC is
357 critical, and close monitoring is necessary to detect any signs of recurrence. The prognosis for
358 patients with synchronous WT and OSCC is generally favorable if the lesions are detected and
359 treated early. However, the prognosis may be poor in advanced stages of the disease or if there
360 are underlying comorbidities. It is important to note that the available literature on synchronous
361 WT and OSCC is limited, and there is a need for further studies to determine the most effective
362 treatment strategies and the long-term outcomes of patients with this rare combination.

363

364 **Limitations and future scope**

365 Rarity of the synchronous occurrence of WT with OSCC is one of the major limitations, which
366 does not allow performing any meta-analysis on the topic. Moreover, the results can not be
367 generalized due to limited number of the included cases. We also declare the possibility of

368 selection bias due to inclusion of only case report and case series. Case report and case series
369 presentations often show heterogeneity in terms of presentation of clinic-pathological,
370 radiological, management and prognostic data limiting the comparability of the data. There is
371 need for original research on larger sample sizes on this rare pathology to get meaningful results.
372 This also should involve the genetic and molecular characterization of the WT with OSCC and
373 development of targeted therapy. Since, there is a diagnostic challenge, future studies should also
374 focus on finding accurate imaging techniques.

375

376 **Conclusions**

377 The rare finding of synchronous occurrence of WT at a different site from the primary tumor can
378 mimic a metastatic lesion from primary OSCC. It is a serious diagnostic challenge and can lead
379 to mismanagement of the case with consequent complications. Accurate diagnosis of such cases
380 is essential for proper management, otherwise, it can alter the entire treatment strategy and affect
381 the quality of life of the individual. The team of specialists (radiologists, surgeons, and
382 pathologists) involved in managing such cases should be well versed of the existence of such
383 synchronous neoplasms. Awareness about this coexistence can avoid the overtreatment of such
384 condition. If diagnosed correctly using techniques like FNAC, the condition can be managed
385 conservatively using non-surgical techniques especially in elder individuals.

386

387 **Authors' Contribution**

388 Study conception and design was done by GS and SaS. SM, ShS and NS contributed to the data
389 collection. Data analysis was performed by VM and RA. The results were interpreted by GS, SaS
390 and VM. All authors were involved in manuscript preparation and editing. All authors approved
391 the final version of the manuscript.

392

393 **Acknowledgement**

394 During the preparation of this work the authors used ChatGPT in order to refine the language of
395 the paper in a few sections. After using this tool/service, the authors reviewed and edited the
396 content as needed and take full responsibility for the content of the publication.

397

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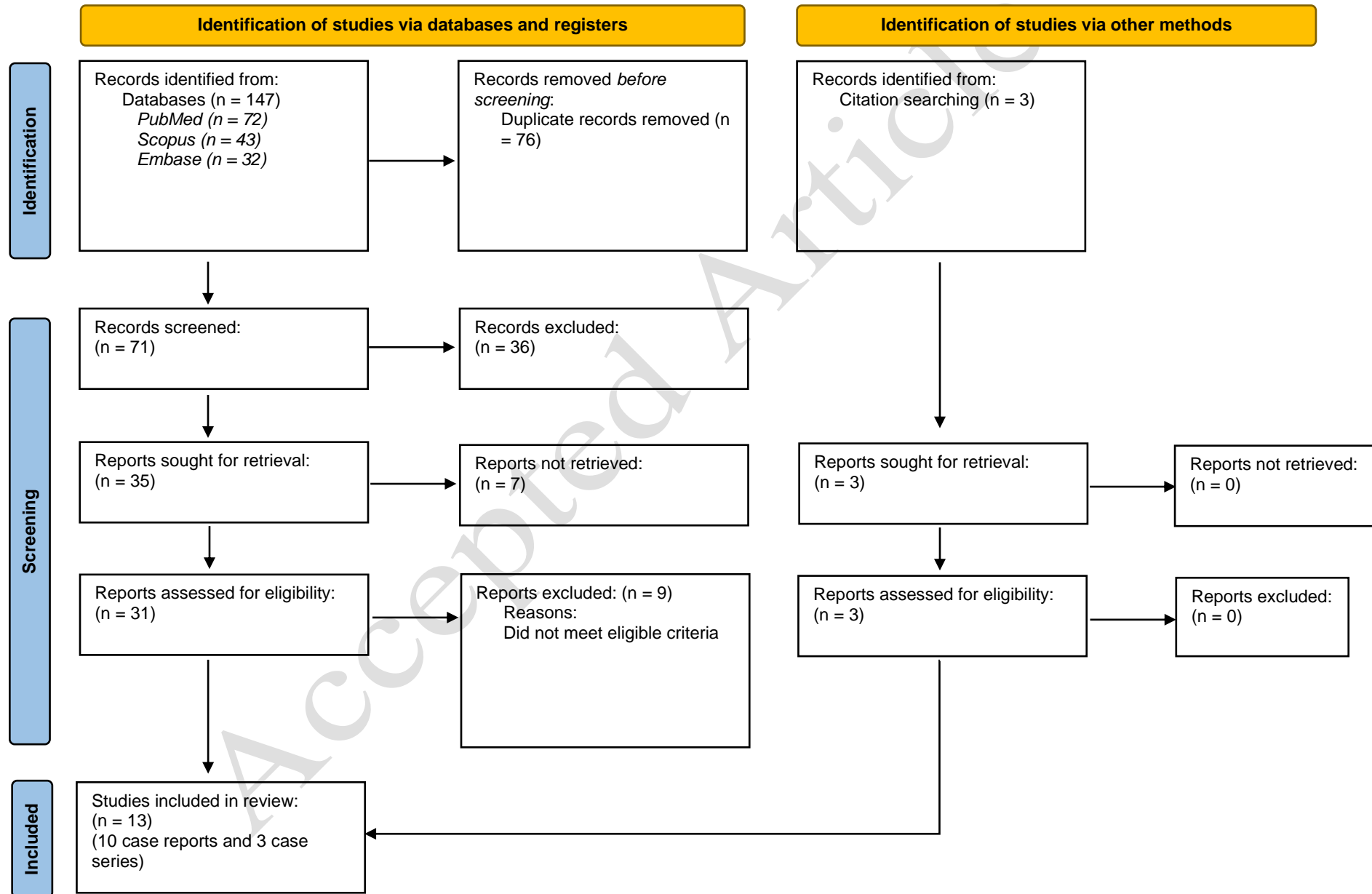
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Accepted Article

Figure 1: PRISMA 2020 flow diagram



From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ* 2021;372:n71. doi: 10.1136/bmj.n71. For more information, visit: <http://www.prisma-statement.org/>

Table 2: Site wise distribution of oral squamous cell carcinoma and Warthin's tumor

SITE OF OSCC	SITE OF WARTHIN'S TUMOR	NO. OF CASES	
Tongue	Parotid gland (4 cases)	Peri-parotid lymph node	1
Tongue		Tail of parotid gland	1
Buccal mucosa		Tail of parotid	1
Buccal mucosa		Lower lobe of parotid gland	1
Floor of mouth	Submandibular gland (3 cases)	Sub mandibular gland	1
Retromolar triangle		Sub mandibular gland	1
Maxillary gingiva		Sub mandibular gland	1
Tongue	Cervical lymph nodes (10 cases)	Cervical lymph node	1
Lower lip		Cervical lymph node	1
Buccal mucosa		Level II lymph node	1
Buccal mucosa and gingiva		Cervical lymph node	1
Floor of mouth		Level II lymph node	1
Tongue		Level II lymph node	2
Lower gingiva		Level II lymph node	1
Mandible		Level II lymph node	1
Gingivobuccal complex		Level II lymph node	1
Total cases			17

Table 3: Risk of bias assessment

	Synderman et al.1986	Sato et al.1998	Demi r et al.2002	Shehan et al.2004	Nupehe wa et al. 2009	Schw arz et al. 2009	Enom oto et al. 2011	Iw ai et al. 2012	Bhatlaw ande et al. 2019	Sat o et al. 2020	Yang et al. 2020	Gont arz et al. 2021	Goh et al. 2022
1 Selection													
1. Does the patient(s) represent(s) the whole experience of the investigator (centre) or is the selection method unclear to the extent that other patients with similar presentation may not have been reported	NO	YES	YES	NO	YES	YES	YES	NO	YES	NO	NO	YES	YES
2 Ascertainment													
2. Was the exposure adequately ascertained?	NO	YES	NO	YES	YES	YES	NO	NO	YES	NO	NO	YES	YES
3. Was the outcome adequately ascertained?	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
3 Causality													
4. Were other alternative causes that may explain the observation ruled out?	YES	YES	NO	YES	YES	NO	YES	NO	YES	NO	YES	YES	ye
5. Was there a challenge/rechallenge phenomenon?	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
6. Was there a dose-response effect?	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
7. Was follow-up long enough for outcomes to	YES	YES	NO	YES	NO	NO	NO	YES	NO	YES	YES	YES	YES

	occur?													
4	Reporting													
	8. Is the case(s) described with sufficient details to allow other investigators to replicate the research or to allow practitioners make inferences related to their own practice?	YES	YES	NO	YES	YES	NO	YES	NO	YES	YES	NO	YES	

Table 4: Percentage of case reports and case series reporting based on CARE checklist

Item number	Section	Total (n)	Percentage (%)
1	Title	6/13	46.15%
2	Keywords	7/13	53.84%
3a	Abstract	11/13	84.61%
3b	Case representation	13/13	100
3c	Conclusion-What were the main “takeaways” lessons from this case?	12/13	92.30%
4	Introduction	5/13	38.46%
5a	Patient information	13/13	100
5b	Main symptoms of the patient	13/13	100
5c	Medical, family, and psychosocial history-including diet, lifestyle, and genetic information whenever possible and details about relevant comorbidities and past interventions and their outcomes	13/13	100

6	Clinical findings	13/13	100
7	Timeline	6/13	46.15%
8a	Diagnostic assessment	13/13	100
8b	Diagnostic challenges	-	-
8c	Diagnostic reasoning	11/13	84.61%
8d	Prognostic characteristics	8/13	61.53%
9a	Therapeutic intervention	12/13	92.30%
9b	Administration	-	-
9c	Changes in intervention	-	-
10a	Follow-up and outcomes	9/13	69.23%
10b	Important follow-up test results	9/13	69.23%
10c	Intervention adherence and tolerability	-	-
10d	Adverse and unanticipated events	3/13	23.07%
11a	Discussion		
11b	Relevant literature	12/13	92.30%
11c	Rationale for conclusions	11/13	84.61%
11d	Main “take-away” lessons of this case report	12/13	92.30%
12	Patient perspective	-	-
13	Informed consent	2/13	15.83%